

DUO PERSONAL TRAINING INTRODUCTION

€19 p.p.

EZsports 

**Get 2 personal
training sessions for
you and a friend for
only €19 p.p.!**

Interested? Contact pt@erasmussport.nl

This deal is only available if you have
a valid Erasmus Sport pass.

All trainings are at the **PT Hatta**.

1st session: Intake
Health check
Body measurement
Setting personal goals
Training & nutrition advice

2nd session: Training
Efficient training methods
Challenging workout
Personal guidance
Extra motivation

#FEELBETTERTOGETHER
www.erasmussport.nl

Erasmus
SPORT